

UZZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: untill . Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 14:18
Heat: 3/7 Lane : 4 Athlete: IMBERT OTIS					Q-time: 01:19:59
PB (25m pool): 01:20.73 Temse 17/11/2025			PB (50m pool): 01:19.59 SB: 01:20.73 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.08		01:20.73	
	00:39.08		00:41.65		
					

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 1 Athlete: BOLSIUS CAROLINE							Q-time: 03:22:93	
PB (25m pool): 03:22.93 Parklaan 58, Turnhout 29/03/2026			PB (50m pool): no time SB: 03:22.93 Parklaan 58, Turnhout 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.75		no time		no time		03:22.93
	00:46.75							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 2 Athlete: HERMANS MORI							Q-time: 03:20:75	
PB (25m pool): 03:20.75 Parklaan 58, Turnhout 29/03/2026							PB (50m pool): no time SB: 03:20.75 Parklaan 58, Turnhout 29/03/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.63		no time		no time		03:20.75
	00:50.63							
								

Coach feedback:

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Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 3 Athlete: BRAEKMANS ELLA							Q-time: 03:19:30	
PB (25m pool): 03:19.30 Parklaan 58, Turnhout 29/03/2026			PB (50m pool): no time SB: 03:19.30 Parklaan 58, Turnhout 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.30		no time		no time		03:19.30
	00:45.30							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 4 Athlete: JANSEN RENÉE							Q-time: 03:18:92	
PB (25m pool): 03:18.92 Parklaan 58, Turnhout 29/03/2026							PB (50m pool): no time SB: 03:18:92 Parklaan 58, Turnhout 29/03/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.98		no time		no time		03:18.92
	00:43.98							
								

Coach feedback:

Event number: 16: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 15:07	
Heat: 2/6 Lane : 7 Athlete: BLOCK OLIVIA							Q-time: 03:22:27	
PB (25m pool): 03:22.27 Parklaan 58, Turnhout 29/03/2026							PB (50m pool): no time SB: 03:22.27 Parklaan 58, Turnhout 29/03/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.31		no time		no time		03:22.27
	00:51.31							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 15:36	
Heat: 3/3 Lane : 1 Athlete: LENAERTS JOPPE							Q-time: 03:13:58	
PB (25m pool): 03:13.58 Parklaan 58, Turnhout 29/03/2026			PB (50m pool): no time SB: 03:13.58 Parklaan 58, Turnhout 29/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.78		01:33.17		no time		03:13.58
	00:43.78		00:49.39					
								

Coach feedback:

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Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 15:42
Heat: 2/4 Lane : 1 Athlete: LACROIX MERIN			Q-time: 00:44:82
PB (25m pool): 00:44.82 Hoogstraten 28/09/2025			PB (50m pool): 00:46.49 SB: 00:44.82 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:44.82	
		00:44.82	
			

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 15:42
Heat: 2/4 Lane : 3 Athlete: MAESEN AMÉLIE			Q-time: 00:40:65
PB (25m pool): 00:44.26 Hoogstraten 28/09/2025			PB (50m pool): 00:40.65 SB: 00:44.26 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:44.26	
		00:44.26	
			

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 15:43
Heat: 3/4 Lane : 6 Athlete: VANDENVEN SAAR			Q-time: 00:37:32
PB (25m pool): 00:40.18 Temse 17/11/2025			PB (50m pool): 00:37.32 SB: 00:40.18 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:40.18	
		00:40.18	
			

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 15:43
Heat: 3/4 Lane : 8 Athlete: DE WIT FLORE			Q-time: 00:38:92
PB (25m pool): 00:38.92 Hoogstraten 28/09/2025			PB (50m pool): 00:39.01 SB: 00:38.92 Hoogstraten 28/09/2025
	2 5 M	5 0 M	
PB		00:38.92	
		00:38.92	
			

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: BRABO

Event number: 19: 400M FREESTYLE MEN 11+							Heat:1, starttime: 15:56	
Heat: 1/5 Lane : 7 Athlete: BOGAERS LEON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:1, starttime: 15:56	
Heat: 1/5 Lane : 8 Athlete: EGGERMONT OLIVER							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 19: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:22	
Heat: 5/5 Lane : 1 Athlete: CEUSTERS ROBIN							Q-time: 04:56:82	
PB (25m pool): 05:00.19 Sinbad 22/07/2025				PB (50m pool): 04:56.82SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.11		01:11.83		no time		02:27.80
	00:34.11		00:37.72					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:00.19
								

Coach feedback:

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Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 16:28
Heat: 1/6 Lane : 5 Athlete: BOLSIUS CAROLINE					Q-time: 01:48:10
PB (25m pool): no time					PB (50m pool): 01:48.10 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:30
Heat: 2/6 Lane : 3 Athlete: HERMANS MORI					Q-time: 01:45:42
PB (25m pool): 01:58.53 Kapellen 01/06/2025					PB (50m pool): 01:45.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.20		01:58.53	
	00:55.20 01:03.33				
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:30
Heat: 2/6 Lane : 5 Athlete: JANSEN RENÉE					Q-time: 01:43:57
PB (25m pool): 01:49.13 Kapellen 01/06/2025					PB (50m pool): 01:43.57 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.20		01:49.13	
	00:51.20 00:57.93				
					

Coach feedback:

Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 16:30
Heat: 2/6 Lane : 7 Athlete: BLOCK OLIVIA					Q-time: 01:46:90
PB (25m pool): 02:02.47 Kapellen 01/06/2025					PB (50m pool): 01:46.90 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:58.54		02:02.47	
	00:58.54 01:03.93				
					

Coach feedback:

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Event number: 20: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/6 Lane : 7 Athlete: VANDENVEN SAAR					Q-time: 01:31:95
PB (25m pool): 01:34.43 Temse 17/11/2025					PB (50m pool): 01:31.95 SB: 01:34.43 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.21		01:34.43	
	00:45.21		00:49.22		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 16:44
Heat: 2/4 Lane : 8 Athlete: LENAERTS JOPPE					Q-time: 01:26:26
PB (25m pool): 01:26.26 Kapellen 21/12/2025					PB (50m pool): 01:30.00 SB: 01:26.26 Kapellen 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.24		01:26.26	
	00:37.24		00:49.02		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 16:45
Heat: 3/4 Lane : 2 Athlete: IMBERT OTIS					Q-time: 01:13:63
PB (25m pool): 01:16.22 Kapellen 21/12/2025					PB (50m pool): 01:13.63 SB: 01:16.22 Kapellen 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.66		01:16.22	
	00:34.66		00:41.56		
					

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:49	
Heat: 1/3 Lane : 5 Athlete: MAESEN AMÉLIE							Q-time: 03:07:67	
PB (25m pool): no time			PB (50m pool): 03:07.67 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: BRABO

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:49	
Heat: 1/3 Lane : 6 Athlete: BRAEKMANS ELLA							Q-time: 03:11:44	
PB (25m pool): no time			PB (50m pool): 03:11.44 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:49	
Heat: 1/3 Lane : 7 Athlete: LACROIX MERIN							Q-time: 03:20:13	
PB (25m pool): no time			PB (50m pool): 03:20.13 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 22: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:54	
Heat: 2/3 Lane : 7 Athlete: DE WIT FLORE							Q-time: 03:00:87	
PB (25m pool): 03:04.80 Kapellen 01/06/2025			PB (50m pool): 03:00.87 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.57		01:30.42		no time		03:04.80
	00:43.57		00:46.85					
								

Coach feedback:

Event number: 23: 4x50M FREESTYLE MIXED 11+							Heat:1, starttime: 17:07	
Heat: 1/2 Lane : 4 Athlete: TEAM BRABO 1							Q-time: 02:14:12	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

UZKZ Cup 2026: Session: 2: COACH evaluation sheet for TEAM: BRABO

Event number: 23: 4x50M FREESTYLE MIXED 11+							Heat:1, starttime: 17:07	
Heat: 1/2 Lane : 6 Athlete: TEAM BRABO 2							Q-time: 02:27:60	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: